

END OF YEAR 6 – SCHOOL SWIMMING STANDARD – Academic Year 2025

SCHOOL NAME: Riddings Junior School		DfE 8302007	POOL: Alfreton							
Meeting National Curriculum requirements for swimming and water safety.										
What do I report on?		Guidance:								
What percentage of your current Year 6 cohort swim Competently, confidently, and proficiently over a distance of at least 25 metres?		- Swimmers can use any stroke. For example, some common strokes, front crawl, backstroke, or breaststroke to complete their distance swim. - Swimmer must complete the 25m without stopping. - Swimmer must not look like they are in difficulty at any point – competently swimming 25m.								
28%										
What percentage of your current Year 6 cohort use a range of strokes effectively, for example, front crawl, backstroke, and breaststroke?		<table><tr><th colspan="3">Minimum standard (example strokes)</th></tr><tr><td>Front crawl: Hands mainly pull down to hips and over the top of the water. Alternating leg kick. Swimmer chooses how to breathe/not put face in.</td><td>Backstroke: Mainly flat body position, alternating leg kick and some recognition of back stroke arm pull order (thumb-twist-little finger in).</td><td>Breaststroke: Arms then legs with inconsistent breathing/not put face in.</td></tr></table>			Minimum standard (example strokes)			Front crawl: Hands mainly pull down to hips and over the top of the water. Alternating leg kick. Swimmer chooses how to breathe/not put face in.	Backstroke: Mainly flat body position, alternating leg kick and some recognition of back stroke arm pull order (thumb-twist-little finger in).	Breaststroke: Arms then legs with inconsistent breathing/not put face in.
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What percentage of your current Year 6 cohort perform safe self- rescue in different water – based situations?		Examples of safe self-rescue: - Treading water for 20 seconds. - Star float on the back holding for 3 seconds. - Log roll from front to back. - Signal for help. - Sculling - Reach rescue - Throw rescue - H.U.D.D.L.E position - H.E.L.P position								
96%										