



Riddings Junior School

Church Street, Riddings, Alfreton, Derbyshire DE55 4BW

Telephone: 01773 528492

email: info@riddings-jun.derbyshire.sch.uk

website: www.riddings-jun.derbyshire.sch.uk

Tuesday 27th January 2026

Dear Parents / Carers

School Swimming

Over the next 2 terms it will be Richards Class' opportunity for swim sessions. These will be as follows:

Clarke Class Swimming Sessions will run from Wednesday 25th February 2026 – Wednesday 1st July 2026.

The sessions will run on the following days and times:

Wednesday: leaving school 9:00am / returning to school 11:00am

Your child will need a separate bag for their swimming kit, which should include swimming costume/trunks, a towel and goggles if you have indicated that your child wishes to wear them. Staff will of course help your child with their goggles if they are a little unsure about putting them on securely.

Richards Class parents/carers - We would appreciate it if you would complete the attached Swimming – Parental Information Form and return it to school by Friday 13th February 2026.

Please be aware of the following rules that are those of the Alfreton Leisure Centre and the swimming instructors:

Swimwear must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks/shorts; however these must not be below the knee. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/carer (included on the information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats to ensure easy identification when they are in the water.

Jewellery – including ear-rings/watches must be removed prior to the swimming lesson (plasters covering newly pierced ears will not be allowed due to plasters in the water becoming a choking hazard). It is strongly advisable that any pupils who have ears pierced don't wear earrings to school on swimming days to avoid the hassle of removing and replacing them.

The swimming is taught by qualified instructors from the Leisure Centre along with Mrs Walker; additional staff also accompany the children from school. We have decided to not request a contribution for the cost of the swimming and coach journey each week – however you may be interested to know that the total cost to school of providing two swimming sessions a week, including the transport, over the course of the year is approximately £13,000.

Yours sincerely

Miss Saville
Acting Headteacher