EMBARK Federation

PRIDE

underpins our whole school culture, rooted in SEMH provision…

The 12 modules are:
1. Drug Education - including how to manage risk and peer influences
2. Exploring Emotions - including how to recognise and manage feelings and emotions
3. Being Healthy - including the importance of looking after our mental health
4. Growing up - including the Sex Education element
5. Changes - including loss
6. Bullying Matters - including how to ask for help
7. Being Me - including identity and community
8. Difference and Diversity - including challenging stereotypes
9. Being Responsible - including looking after the environment
10. Being Safe - including online and offline
11. Relationships - including what is a healthy relationship
12. Money Matters - including enterprise

PSHE – Universal Offer

Whole school spiral curriculum

PSHE Matters: A PSHE Curriculum for Primary Schools

Including focused RSHE UoL

Who's who?

DSLs
Dave Cates / Ellen Saville / Nicky Godfrey / Linda Patrick / Georgie Smith
PSHE Leads
Nicky Godfrey / Katherine Pilling
Senior Designated Mental Health Lead
Nicky Godfrey
Wellbeing Mentors
Georgie Smith / Linda Patrick
RJS / RInf link WBM
Fiona Fox
RInfs
Kerry Bartlett
Inclusion Lead (SENCO / Early Help)
Nicky Godfrey

Whole School Events???

Antibullying Week
Neurodiversity Week
Comic Relief / Children in Need / Macmillan Coffee Mornings / African Village Support

White Hall
Riddings Residentials

Whole School Assemblies

focused on a wide range of SEMH / PSHE foci

PE Curriculum

Full time PE and Outdoor Learning Coach

Variety of after school PE clubs / competitions accessible to all

Playtime

Forest Playground
Trim Trail
Climbing Wall
MUGA
Bike Trail

Outdoor Learning

Forest School
Outdoor Learning opportunities
Bike Trail

Worry worms…

RJS

SEMH on a page

Pocket Hugs

Meet and Greet / Handover

Strengthening relationships

Headteacher
Deputy-headteacher
Inclusion Lead / WBMs

SEMH Intervention

Bespoke Intervention
Memory Books
Starving the Anxiety Gremlin
Starving the Anger Gremlin
Zones of Regulation
Relax Kids Meditation
Story Massage
ELSA
Cooking
Sewing
Life Skills
Cake and catch-up

Analysis of SEND need 2022-2023

Highest need - **SEMH 43%**

Whole School Provision Mapping

Attendance monitoring

School Early Help

Working with partners

Amber Valley Early Help Development Team

Changing Lives Mental Health Charity

Derby & Derbyshire Emotional Health & Wellbeing
Transforming Health and Wellbeing for Everyone

Attachment & Relationship Aware Schools

ARAS Lead – Georgie Smith

Autism Education Trust — Autism Advocates

The Elm Foundation. Freedom from Domestic Abuse — Space 4 U

Build Sound Minds

Inclusion / Early Help Coffee Mornings

Informal parent support
Strengthening relationships
Signposting
Sleep
Eating / Sensory
Transition

Tier 1

Informal support / signposting

Tier 2

Direct work with children and families

Tier 3

Deeper support
EHA
Build Sound Minds / Changing Lives / TAFs / CiN / CP / SPoAs

Financial Support

Household Support fund

Derbyshire discretionary fund

Children in Need fund

Food banks

Holiday Clubs